

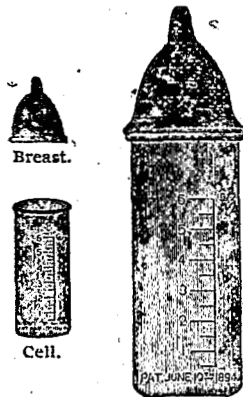
## Notes on Practical Nursing.

SHOWN IN CONGRESS ANNEXE.

### THE HYGIEA NURSING BOTTLE.

The Hygeia Nursing Bottle consists of two parts—breast and cell. The food is not put into a bottle, but into an open, wide mouth, cell. This can be filled without a funnel, and cleaned without a brush. The interior can be wiped out with a towel, the same as a drinking glass.

The other portion of the bottle is not a nipple, but a breast, which is seamless, reinforced, reversible, and in form and function is like a mother's breast. It is yielding like an air cushion, yet non-collapsible, and is turned inside out with perfect ease for cleansing, so that each part, and all parts of the bottle, the interior as well as the exterior, are readily accessible for rapid and thorough cleaning.



THE HYGIEA NURSING BOTTLE.

The Breast is so nearly like a mother's breast that a babe scarcely knows the difference, so that, when breastmilk fails, or time for weaning has arrived, there is no difficulty in transferring baby from the mother's breast to the breast of the Hygeia Bottle, or feeding from the bottle, while feeding from the breast, to make up the deficiency in the natural supply.

The breast-nipple is punched with a single orifice smaller than in the common nipples on the market, therefore, the time of nursing is prolonged as nearly as possible, to the natural time, from ten to fifteen minutes.

#### TO KEEP THE BREAST IN SHAPE.

After cleansing the cell and breast fill the cell with water; then hold the breast with the nipple down, and pass it into the cell as far as the roll. The breast may then be filled with water, and

the bottle set aside until the next feeding time. This will keep the breast in shape, otherwise it may become bulged at the base from long and repeated stretching over the rim of the cell.

If the dry method of caring for the bottle is preferred, the breast may be placed into the cell, as above directed, and then the bottle loosely wrapped up in a clean towel.

The flow of food through a Hygeia Breast-Nipple is obstructed in three ways, namely:—

1. By using the breast wrong side out. The orifices in the tip are cut from within, out, and when the breast is reversed, they close. (The inside of the breast has a circular line in the rubber, above the centre, at the top of the reinforcement.)

2. By not making a perfect solution of the food. The undissolved particles of food plug the orifices.

3. By allowing baby to draw the upper part of the breast into its mouth sufficiently to force the breast down and collapse it. The breast will not collapse, if the baby's hold is restricted to the nipple proper, and this can be done by holding the bottle while baby is nursing.

### Registration Bills before Parliament.

Two Bills concerning the Registration of various classes of workers have been dealt with this session in Parliament. A Bill introduced by Lord Glenesk into the House of Lords on the Registration of Plumbers is now in the Committee stage. The control of the registration system will be in the hands of a General Council, constituted under a scheme to be framed by the Local Government Board, and consisting of representatives of master and operative plumbers, local authorities, and sanitary associations. A Bill has also been introduced into the House of Commons by Mr. Agg-Gardner and read for the first time to secure the Registration of Teachers of Music.

### Victorian Trained Nurses' Association.

The Victorian Nurses' Association has held its first annual meeting—at which the Report of the Council was read. There are already 260 members. The Association has been recognised by the sister society in Sydney, and by the Government of New South Wales, so that members are eligible for hospital appointments in that State. As a sign of success we note that the financial statement shows a credit balance of £100. Medical men in Victoria have taken part in inaugurating the Nurses' Association, but in our progressive colonies we have no doubt that they will speedily see the wisdom of encouraging the nurses to paddle their own canoe.

[previous page](#)

[next page](#)